

CITY OF JERSEY CITY

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JERSEY CITY SETS UP COOLING STATION FOR RESIDENTS TO BEAT THE HEAT

JERSEY CITY – Mayor Jerramiah T. Healy, the Jersey City Office of Emergency Management (OEM), and the Jersey City Department of Senior Affairs have put in place various measures to help combat a heat wave that is expected to run Wednesday into Thursday by setting up **cooling stations** throughout the city.

All residents, especially the elderly, disabled people, pregnant women and children under the age of two are encouraged to stay indoors or take advantage of these facilities if necessary.

The following libraries will be open to the Jersey City Community at large, as well as seniors who don't have access to air conditioning. The locations and time schedule are as follows:

- **Five Corners Library, 678 Newark Avenue**
Hours: Monday, 12-8 PM, Tuesday through Thursday, 10-6 PM, Friday, 9-5 PM, Saturday, 10-2 PM
- **Glenn D. Cunningham Branch Library, 275 Martin Luther King Drive**
Hours: Monday and Tuesday, 10-6 PM, Wednesday, 12-8 PM, Thursday, 10-6 PM, Friday, 9-5 PM, Saturday, 10-2 PM
- **Miller Branch, 489 Bergen Avenue**
Hours: Monday and Tuesday, 10-6 PM, Wednesday, 12-8 PM, Thursday, 10-6 PM, Friday, 9-5 PM, Saturday, 10-2 PM
- **Heights Branch, 14 Zabriskie Street**
Hours: Monday through Wednesday, 10-6 PM, Thursday, 12-8 PM, Friday, 9-5 PM, Saturday, 10-2 PM

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The City also has two community centers where residents and seniors can beat the heat:

- **Mary McLeod Bethune Community Center, 140 Martin Luther King Dr. (9 a.m. to 5 p.m.)**
- **Pershing Field Community Center, Pershing Field Complex, corner of Summit and Pershing Field Plaza, (12 p.m. to 5 p.m.)**

The following centers are available to senior citizens, **Monday through Friday from 9 a.m. to 4:30 p.m.:**

- **The Joseph Connors Senior Center** formerly the “Paterson Street Center” 28 Paterson Street off of Central Avenue
- **The Maureen Collier Community Center** 335 Bergen Avenue between Ege and Virginia Avenues

Aside from these stations, residents are welcome to cool off from this summer heat by taking advantage of our Water Sprinkler Systems (schedules are subject to change).

The water sprinkler systems are **open daily from 11 a.m. to 7 p.m.** at the following locations:

The following parks have sprinklers and will be open for use:

•**Dr. Lena Edwards Park**
325 Johnston Ave.

•**Arlington Park**
785 Grand Street

•**Audubon Park**
103-129 Bergen Avenue

•**Virginia Avenue Park**
74-80 Virginia Ave.

•**Woodland Avenue Park**
259-265 Linden Ave.

•**Wilkinson Avenue Park**
146-152 Wilkinson Avenue

•**Terrace Avenue Park**
Thorne St. and Terrace Ave.

•**Roberto Clemente/ Enos Jones Field**
8th Street and Brunswick St.

•**LaPointe Park**
90-92 Dekalb Avenue

•**Thomas McGovern Park** in Country Village
30 Sycamore Road

•**Pershing Field Park**
Summit Avenue and Pershing Plaza

•**Rev. Ercel Webb/Lafayette Park**
Lafayette Street (between Maple St. & Van Horne)

(more)

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“We hope to keep all of our residents healthy and cool during this heat wave,” said **Mayor Healy**. “It is not just the heat, but the humidity that can take its toll. We are hoping those Jersey City residents in need of air conditioning will take advantage of the cooling sites we have set up.”

The **Jersey City Office of Emergency Management (OEM)** has issued the following tips for staying cool during this heat wave:

- Remain indoors (preferably in air conditioned space) as much as possible
- Wear lightweight, light colored and loose fitting clothing
- Keep hydrated by consuming plenty of water and natural juices and avoid beverages with alcohol and caffeine which increase dehydration
- Eat light meals
- Refrain from strenuous activities
- Recognize the symptoms of heat disorders

To protect others from heat exhaustion, residents are urged to check on elderly neighbors and those with disabilities. Apply sunscreen with a high SPF content to small children to avoid overexposure to the sun. Never leave children or pets in closed vehicles where temperatures could exceed 190 degrees in less than ten minutes, and provide shade and cool water to pets.

All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Jerramiah T. Healy at 201-547-4836 or 201-376-0699. ///

